

# Find your right shoe size

## Instructions

Check the size template with the table below to ensure that the printer hasn't made the template larger or smaller.

Follow the four simple steps and find your right shoe size:

1. Take off your shoe. For the most accurate reading wear a thin sock or no sock at all.
2. Place your heel at the back of the template on the paper.
3. Find the right shoe size at the top of your toes.
4. For optimal fit choose a size that gives 5-10 mm extra space.

NOTE: This template is made from the J alas ProMotion series. Other series from J alas and Ejendals has an additional 2-5 mm in length.

SIZE	35	36	37	38	39	40	41	42	43	44	45	46	47	48
LENGTH (mm)	231	237	244	251	258	264	271	278	285	291	298	305	312	319

